

Headache? Neck-pain? Tired eyes when using digital devices?



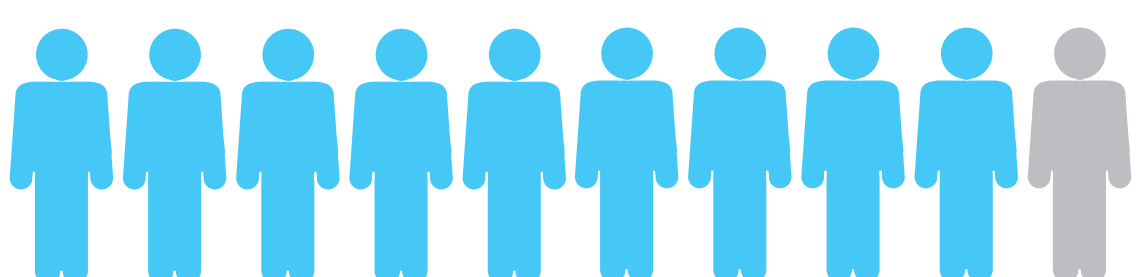
Digital Eye Strain



Neck pain

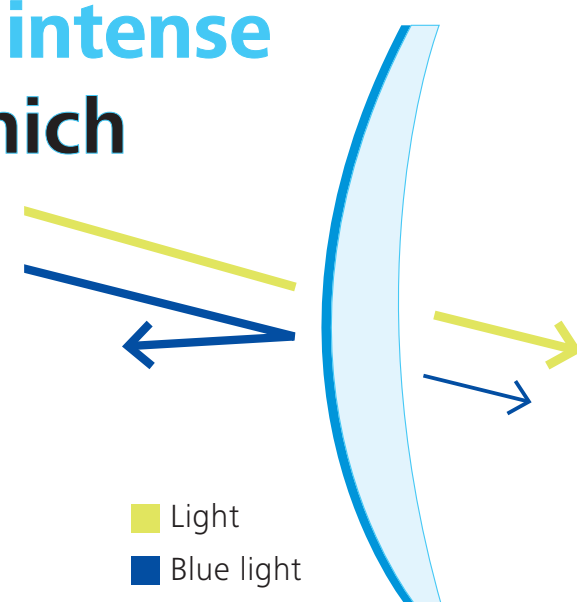


Headache



Nearly **9 out of 10** people who experience **Digital Eye Strain** spend two or more hours each day using devices*

Digital devices and indoor lighting emit intense blue light, which contributes to more eye strain*



Combat Digital Eye Strain.

ZEISS Lenses for Digital Life



ZEISS Lenses for Digital Life

- Match your vision to your digital behavior.
- Protect your eyes from digital eyestrain.
- Restore comfortable vision when using digital devices.

How To Relax Your Eyes



Every

20

Minutes



Take a

20

Second Break
from your digital device



Look at something

20

Metres Away



Check out your vision profile now with the **ZEISS Vision Needs Profiler App** or on www.zeiss.ca/my-vision-profile

